

Gabriola Health Care Foundation
2021 Annual General Meeting
Agenda – GHCF 2021 AGM

Early November - all members will receive via Email, or mail, a Notice of AGM with information about the upcoming AGM and how it is to be conducted complete with a link to the AGM web page.

The AGM web page will include:

- AGM agenda
- Procedures for questions and answers
- Voting instructions
- President's Report
- Committee Reports:
 - Health Services Committee
 - Recruitment & Retention Committee
 - Treasurer's Report
 - Nominating Committee

Agenda – GHCF 2021 AGM

- Members have until November 14 to email questions about any of the AGM information to GHCF;
- Answers to the questions of general interest will be compiled and sent out to all members November 18;
- Members will have until November 20 to propose any further nominations to the Board of Directors;
Under the GHCF by-laws, any member of the Foundation may be nominated for election to the Board of Directors by submitting a nomination in writing, signed by the candidate and at least five other members of the Foundation. Such nominations must be delivered to Mike Phillips, 1415 Coats Dr, Gabriola V0R 1X6, or emailed to ghfc@ghfc.ca and be received no later than 6:00 PM November 20, 2021. In accordance with the by-laws, further nominations are not permitted.
- A voting page will be available on the website from November 9 through until 4:00 p.m. November 23. The voting page will include motions to:
 - Adopt the 2020 AGM minutes, and
 - Elect the slate of nominated directors.
 - Results of the voting will be posted on the GHCF web site by 6 p.m. on November 23.
 - Minutes of 2020 AGM

- The draft minutes of the 2020 AGM are at

<https://ghcf.ca/minutes.html>

President's report

Chuck Connor

President's report

The Gabriola Community Health Centre

- In 2006 - A vision for better health care on Gabriola began to emerge as residents looked for ways to overcome the lack of health care facilities and services as well as a means to attract and retain doctors on the island.
- In 2008 - Residents gave the Gabriola Health Care Foundation ("GHCF") a mandate to develop a community owned urgent treatment facility and a primary care medical clinic and to promote primary health care services on the island.
- In 2012 - With incredible determination, fundraising and volunteering, the community completed construction and opened the doors to the Gabriola Community Health Centre.
- Today the Health Centre is in full operation, debt free, and provides the community with a well-equipped urgent treatment facility together with a very effective model of team based primary health care offering a broad range of health services.

The Gabriola Health Care Foundation

- Currently the GHCF serves a number of important roles including:
- Supporting and participating in the recruitment and retention of physicians.
- Collaborating with the Health Authority and others to bring appropriate health services and programs to Gabriola.
- On behalf of the community, assuming the responsibility as owner and landlord of the Health Centre for all administration, maintenance, tenant relations as well as financial management and long-term capital planning for the facility itself.

The Urgent Treatment Facility (the "UTF")

- The UTF contains the specialized medical equipment and supplies necessary to treat patients requiring urgent medical care.
- The Clinic doctors respond to nearly 1,300 emergency cases annually.
- Typically 90% of those patients are successfully treated in the UTF and are able to return directly home, eliminating many trips to Nanaimo and reducing the case load on the busy Nanaimo hospital emergency room.
- Patients with the most serious conditions are stabilized in the UTF and transferred by ambulance or helicopter to hospital emergency rooms in Nanaimo or Victoria for further treatment.

- Island Health's Home Care Nurses treat well over 1,000 patients annually in the UTF thereby providing greater efficiencies in nursing services.
- A plastic and reconstructive surgeon, a general surgeon and a cardiologist all see patients in the UTF on their regular visits to Gabriola.

The health care providers

All medical services and treatment of patients is provided by the various health care providers, each of whom lease space within the health centre and employ their own health care professionals, staff and administration.

- **Gabriola Medical Clinic**
Doctors Mierzewski, Thorne, Shadmani, Cusack and Nurse Practitioner Lewis lease space in the Health Centre and operate their busy family practice as well as treating patients requiring emergency care in the UTF.

The doctors work in close collaboration with various health care professionals from Island Health, all of whom treat patients within the Health Centre. This provides an excellent level of interdisciplinary team-based care for patients.

- **Life Labs** – Provides medical laboratory services 5 days a week.
- **Gabriola Dental** - Operates a modern dental and oral hygiene clinic.
- **Claire MacDonald, RMT** - Provides massage therapy services.
- **The Island Health Authority**
 - Island Health leases space in the Health Centre, including a portion of the UTF as well as the Telehealth, Nurses and Mental Health Rooms.
 - The Home Care nurses treat many of their patients in the UTF.
 - A psychiatrist sees patients both on regular visits to the Health Centre or via Telehealth services available in the Clinic.
 - A mental health and addictions nurse sees many patients in the Health Centre
 - A social worker and mental health clinician helps guide patients through the many support services available to residents.

Facility Management, Administration and Maintenance

- Funding to cover all operating costs of the health centre is derived primarily through the tenant's lease payments with the exception of a small amount of donations. There is currently no ongoing Government or Health Authority funding other than lease payments for the space actually used by Island Health personnel in the delivery of their health services.
- Additional revenue generated by Island Health's leasing of 1/3 of the UTF as well as the nurse's room, Telehealth and mental health rooms has provided GHCF with sufficient revenue to contract a significant portion of maintenance work, placing less reliance on volunteers.
- This additional revenue, together with a generous bequest from the estate of former Gabriola artist Mary Gay Brooks, has also allowed GHCF to begin building a Health

Centre Renewal fund for the purpose of replacing or upgrading all building components including mechanical equipment, computer systems, medical equipment, etc. as they reach the end of their useful lifespans. This significant fund will ensure we have the funds available to ensure the health centre is maintained in top condition and upgraded in the years ahead.

Facility Management, Administration and Maintenance (contd.)

- A high priority for GHCF at this time is to contract with an administrator, a bookkeeper and an accountant, each on a part time basis, to relieve the significant workload on the current volunteers which is no longer sustainable or appropriate for a medical facility of this complexity.
- Additional funding will be required to support these positions.
- To help fill this gap GHCF had anticipated full rental income from the Ministry of Health, or Island Health, for the Urgent Treatment Facility and helipad. Without question the UTF has reduced reliance on busy hospital emergency rooms, contributed to better patient outcomes and saved the health system money. However, after a concerted effort by GHCF over the past four years it has become apparent that any possible financial support, or rental income, through these government channels is highly unlikely.
- It is time now for GHCF to discuss with the membership and the community how to best achieve the funding required to move forward with the necessary paid administration and management functions that the health centre requires.

Gabriola is well served!

- Without question, the primary health care services on Gabriola have come a long way since 2006.
- Island Health has significantly increased the primary health care services now available to all residents and visitors to Gabriola.
- The Gabriola Medical Clinic has become a very busy family practice and together with the health care professionals from Island Health provides an outstanding model of team-based care for the residents of Gabriola.
- GHCF is very grateful to our doctors who are willing to be on call at any hour to treat patients who are in need of urgent medical care in the UTF. It is only with the dedication and caring of these doctors, and with the support of their families, that this excellent service is available to all residents and visitors to Gabriola
- GHCF wishes to thank everyone who has helped make the Gabriola Community Health Centre the success it is today.

Health Services Committee

- Vicky Scott, Chair
- Dave Innell
- Nancy Hetherington Peirce

- Lynne Young
- Kim Lister

Mandate

- *Within the broader context of primary health care, assist the Board in identifying unmet needs of the community and in developing strategies to address them by:*
- *Participating in community meetings and events where community health needs are being discussed.*
- *Promoting an understanding of the social determinants of health and engaging with the community, governmental and non-governmental organizations.*
- *Collaborating with local physicians and community partners in health services planning and development.*
- *Making recommendations to the Board regarding disbursement of funds from the Kitty Heller Fund. (The fund was established in 2012 with a bequest from the estate of Kitty Heller to provide support for health programs.)*

Activities 2020-2021

- The GHCF supported the production of the *2020 Gabriola Health* report through a Kitty Heller Fund grant This was completed and is posted on the Gabriola Health Care Foundation website at <https://www.ghcs.ca/2020-Gabriola-Health-Report.pdf>
- The single most important project of the Health Services Committee in 2020/2021 as was the production of a video to highlight the findings of the *2020 Gabriola Health Report*. A total of \$7,861.47 was allocated from the Kitty Heller for the coordination, filming and production of the video. A video steering committee with representatives from the Gabriola Health and Wellness Collaborative and the GHCF (Dyan Dunsmoor-Farley, Carol Fergusson, Brenda Fowler, Jennefer Laidley, Vicky Scott, Don Sutherland, Jen Demler and Dave Innell) met on a regular basis to select a production team, prepare a script, review rushes and provide recommendations to the videographer – Tobi Elliot. The final product is posted on the GHCF website at <https://www.ghcs.ca/video-hr.html> .
- The following notice was posted in the October 6, 2021 edition of the Sounder:
 - *The Gabriola Health and Wellness Collaborative in partnership with the Gabriola Health Care Foundation is excited to announce the release of the Gabriola Health Report video. This video reveals challenges to Gabriolans' quality of life as well as the creative solutions being employed to improve health, wellbeing and life chances for all Gabriolans. Learn surprising facts and hear local stories about health services, housing, economics, income and food security, environmental conservation and other vital concerns. The video provides a bird's eye view of the rich, complex fabric of life on Gabriola. Capturing the full context and nuance of life in this community which would require a full-length movie.*

- *Discover ways that you can support positive health outcomes for Gabriola. The video is available at: <https://www.ghcs.ca/video-hr.html> and the Health Report at: <https://ghcf.ca/2020-Gabriola-Health-Report.pdf> .*

The Health Services Committee also has representation on the Gabriola Health & Wellness Collaborative (GHWC) and HUB Group

- The **GHWC**, established in 2016 is a voluntary network of organizations that come together for action on issues that affect the health and wellness of the Gabriola community.
- The GHWC is an important partner to help the Foundation to address its primary care access mandate.
- A “Hub Group” is a subcommittee of the GHWC, consisting of representatives from approximately 20 member-organizations that meet monthly to coordinate the activities of the GHWC.

Mission

- “To create opportunities among the GHWC members for mutual support, shared advocacy and improved use of funding resource to improve health outcomes for all Gabriolans.”
- The Gabriola Health & Wellness Collaborative Activities reported by members for this year include:
- “COVID – Beyond Recovery” Survey for Gabriola –in August 2020, with a satisfactory number of responses (about 360, i.e. about 10% of adult population).
- Mudge Island Citizens Society received a gaming grant for maintenance of their fire equipment.
- Free smoke detectors made available for older homes (not new builds); masks with GVFD logo are available at North Road Sports.
- Efforts underway to enable Gabriola to apply for establishment as a Primary Care Network, (a “PCN”) (similar to the Oceanside PCN and Nanaimo PCN), as part of the BC government’s model of delivering primary health care.
- Funding received to renovate the old Fire Hall #1 to house the GERTIE buses and related equipment.
- Central Vancouver Island Community Health Network (CHN): Is now a broad network, instead of separate CHN’s for Nanaimo, Oceanside, and Gabriola.

Recruitment & Retention Committee

- Dr. Don Sutherland, Chair
- Committee Members, Kim Lister

Mandate

The Recruitment and Retention Committee works in collaboration with the Gabriola Medical Clinic to facilitate the recruitment and retention of physicians and nurse practitioners to the Gabriola Medical Clinic to improve access to primary and urgent care services.

Recruitment

- This year we have recruited two new doctors to take up their practice on Gabriola. We welcome Dr. Ramak Shadmani and Dr. Erin Cusack and their families to the island.
- This year we have also welcomed a nurse practitioner, Jennifer Lewis, to take up her practice at the clinic.
- We are delighted that all three of the new practitioners will be seeing patients at the clinic and helping to reduce the waiting list of Gabriolans who need to have a family practitioner.
- Of course, we are very happy to still have our key clinicians, Dr. Tracey Thorne and Dr. Maciej Mierzewski, continue their roles at the clinic in addition to joining Ms. Angela Pounds in their three very important positions with the Rural and Remote Division of the Doctors of BC.

Retention

Regarding the support of our primary care physicians and nurses

The GHCF aims to:

- Assist the primary care doctors and nurse practitioners when they arrive to start their work on Gabriola including – help with finding housing, rental relief and other supports.
- Continue to manage and upgrade a first-class facility where the doctors look forward to going to work and that they and their patient feel safe and comfortable. Upgrades and replacement of equipment is ongoing.
- In collaboration with the health authority, doctors, Rural and Remote Division of Family Practice and other community partners, support the integration of additional allied health care professionals and health services to this community.
- Other projects included hosting and financially supporting a community meeting that with partners from the Rural and Remote Division of Family Practice and PHC led to the training of volunteers and continuing a Volunteer Home Hospice Program to Gabriola.
- In the past, the Board, through its donation of rent-free space, enabled demonstration projects such as the social worker and Mental Health and Substance Use (MHSU) nurse. These projects clearly filled a gap in services and are now permanent Vancouver Island Health Authority positions.

Treasurer's report

Harvey Graham, Treasurer

Financial Statements

- The complete set of GHCF financial statements, as reviewed by K.D. Beausoleil & Company Inc., is included in the GHCF web site at:
- https://ghcf.ca/img/fin_stmt_2020.pdf

- While the statements are reasonably straight forward, as was the case last year, there are two aspects that may require a bit of explanation:
 - The fund accounting, and
 - The internally and externally restricted cash balances.
- A brief explanation of these is set out in the following slides

Fund accounting

GHFC uses fund accounting to track receipts and expenditures that are related to or restricted to specific purposes. Funds used by GHCF are:

- Kitty Heller Fund. This fund was initially established on the receipt of two bequests totaling \$100,000 from the estate of Kitty Heller to be used only for the purpose of funding health care programs on Gabriola.
- Medical Equipment Fund. This fund tracks donations received where the donor specifies that the donation is to be used to acquire medical equipment and the related expenditures for such equipment.
- Health Centre Fund. This fund tracks the donations that were received to cover the initial cost of constructing the Gabriola Medical Health Centre and, now, the costs of maintaining the structure and equipment therein.
- Operating Fund. This fund tracks all revenue and expenditures not included in the first three funds. Mostly this is the revenue and expenditures related to the operation of the Health Centre.

Restricted cash and investment certificate balances, December 31, 2020

- Restricted cash (or cash investments) is cash that has been restricted for use for a specified purpose by its donors (externally restricted) or by the GHCF directors (internally restricted). GHCF's restricted balances are:
 - Externally restricted
 - Health Centre Renewal \$274,364
 - Medical Equipment fund (\$2,845)
 - Kitty Heller fund \$ 44,936
 - Internally restricted
 - Health Centre Renewal \$270,000
 - Physician recruitment \$50,000
 - Long term operations \$50,000
- The total set aside for the Health Centre Renewal is therefore \$274,364 plus \$270,000 for a total of \$544,364.

Summary

- In general, with the exception of the receipt of a very welcome bequest in 2019 of \$182,276 from the estate of Mary Gay Brooks, revenues and expenditures in 2020 were generally somewhat higher than in 2019:
- Revenue of \$241,073 was up \$24,238 from 2019, (setting aside the bequest).
- Building operating costs were \$131,711, up \$12,720 from 2019. The largest component of the increase was the cost of salting the parking areas and sidewalks. We hope to have a new contractor for the 2021 – 2022 winter.

- The cost of community services was \$30,164, up \$6,326 from 2019. While there were a number of increases and decreases, the biggest increase was an increase of \$7,191 in the cost of assisting the Clinic in recruiting doctors.
- Foundation operating costs were \$14,870, up \$6,925 from 2019, primarily the cost of a report on the funding of the urgent care room.
- As set out earlier, a complete set of the 2020 financial statements can be found at https://ghcf.ca/img/fin_stmt_2020.pdf.
- If you have any questions with regard to the financial statements, please send us an email using the “Ask a question” button on the AGM page.

Nominating Committee

Mike Phillips, Chair

Continuing Directors	2021 Nominations
<p>To 2022:</p> <ul style="list-style-type: none"> • Harvey Graham • Mike Philips • Donald Sutherland <p>To 2023</p> <ul style="list-style-type: none"> • Dyan Dunsmoore-Farley • Kim Lister • Bruce Walker <p>Thank you!</p> <ul style="list-style-type: none"> • Vicky Scott 	<p>2021 Nominations, for a one-year term:</p> <ul style="list-style-type: none"> • Chuck Connor <p>2021 Nominations, for a three-year term:</p> <ul style="list-style-type: none"> • Diane Cornish • Nancy Rowan